



## Carolina Select Volleyball Club Policies for 2009 – 2010 Season

### 1. Tryouts:

- Tryouts will be held as follows:

12s, 13s, 14s	Sunday, October 25	2:00 – 4:30 pm
	Monday, October 26	6:00 – 8:00 pm
15s, 16s, 17s, 18s	Sunday, November 8	2:00 – 4:30 pm
	Monday, November 9	6:00 – 8:00 pm

Players try out within their age group based upon the age definitions as defined by the USAV Volleyball Junior Age Definitions. Players should attend the tryout sessions of the age they will be on August 31, 2010.

- Player selection will be evaluated and determined by the Carolina Select Coaches. The basis for these selections will be an objective evaluation based upon the player's volleyball skills, athleticism, attitude, past experiences, position needs of the team, etc.
- In order for the coaches to have the undivided attention of the players, tryouts will be closed to players and coaches.
- Most teams will have a minimum of eight with a maximum of 9 – 10 players.
- Team selection will be posted to the Carolina Select website and players must contact the Coaching Director to accept/decline the position.

### 2. Practices:

- Practices will begin the first week of December. Most teams will have two practices per week for approximately two hours per practice. The locations and times will be provided to players and parents at the first club meeting following tryouts.
- Prior to a tournament, coaches may schedule additional practices or clinics.
- All players are guaranteed equal training at practices, but NOT equal playing time at tournaments.
- Practices are **mandatory** and players are expected to give their coach and team their best effort. The scheduled time is the start time for practice, not the arrival time so players are expected to arrive at least 15 minutes before they begin and stay until the end of practice. Parents are responsible for their daughter's travel to and from all practices. Players should be picked up promptly at the end of practices.
- It is the player's responsibility to notify her coach if she is unable to attend a practice or will be late for practice. Notification to the coach should be made as soon as the player is aware of the conflict.
- If a player is injured and able to attend practice, she is encouraged to attend. The player can assist the coach, keep up-to-date with team happenings, and show support for her team.
- Players are expected to set-up and tear-down equipment, clean up practice gyms, and follow the rules of the practice gyms.

### 3. Tournaments:

- Most teams will play five - six 1-day Carolina Region Tournaments which will begin in early January and will run until the end of March. The tournament dates will be as follows:

12s, 13s, 14s, 15s	Jan 9, Jan 23, Feb 6, Feb 20, March 6, and March 20
16s, 17s, 18s	Jan 16, Jan 30, Feb 13, Feb 27, and March 27

- The tournament locations are scheduled by the Carolina Region and this information will be distributed to players and parents by the Team Reps when provided by the Carolina Region. The information will also be available on the Carolina Select and Carolina Region websites.
- Teams will also play in one – two 2-day tournaments. All teams will play in The Quest for Excellence Tournament which will be held January 2 – 3 in Greensboro. The 16s – 18s teams will also play in the Shamrock Tournament which will be held March 12 – 13 in Roanoke, VA.
- If coaches decide to take their teams to additional tournaments, there will be additional costs to the players.
- Attendance at tournaments is **mandatory** and players are expected to give their coach and team their best effort. Players are expected to arrive on time and at the designated time set by their coaches. If a player is sick or injured, it is her responsibility to inform her coach as soon as possible before the tournament.
- Neither playing time nor a certain position on the team is guaranteed at tournaments. Playing time and position assignments will be decided by the coaches and will depend on ability, effort, commitment in practice, and the needs of the team. It is not acceptable for a parent or player to approach a coach during competition or at a tournament site to discuss playing time or position assignments.
- Players are responsible for becoming certified in scorekeeping and refereeing. Players are expected to share all referee, line judge, scorekeeping, and work responsibilities at tournaments. They may not leave a tournament until all play and work responsibilities are completed. If the team has officiating duties, all players stay no matter how many are required to work. Carolina Select Players play as a team and work as a team.
- When overnight stay is necessary for 1-day tournaments, teams are encouraged to stay at the same hotel. This will assist with travel arrangements and communication in the event of tournament changes.
- For the Quest for Excellence and Shamrock Tournaments, the Club will contract with hotels for rooms for all teams at the best available price. To assist with travel arrangements and communication, teams will be asked to stay at the hotels contracted by the Club.
- Parents play a vital role at tournaments. They are responsible for the transportation and travel expenses of their daughters to tournaments. To help with travel costs, parents may want to consider car pooling. If parents are unable to attend a tournament, they should make arrangements with other parents for transportation. Coaches, Team Reps, and the Club are not responsible for travel arrangements. Parents should share providing food and drinks for the team, set-up and tear-down of team tables, and clean-up at tournaments. In addition, players also depend upon their parents to provide moral support, cheering, and encouragement.

#### 4. Costs:

- Club fees cover (1) Carolina Region memberships, salaries, and travel for coaches, (2) entry fees for five - six 1-day Carolina Region tournaments, Quest for Excellence Tournament for all teams, and the Shamrock Tournament for 16s – 18s teams, (3) the basic Carolina Select uniform which includes 2 jerseys, 2 spandex, 2 pairs of socks, and 1 warm-up club t-shirt, (4) equipment (5) practice gym rentals, (6) referee and scorekeeper’s clinic, and (7) Carolina Region team registrations.
- The club fees and payment schedule will be as follows:

	12s, 13s, 14s, 15s:	16s, 17s, 18s:
Nov 15 at Club Meeting	\$250	\$250
Dec 6 at Kick-Off Dinner	\$175	\$175
Jan 5	\$175	\$175
Feb 2	<u>\$ 75</u>	<u>\$150</u>
Totals	<u>\$675</u>	<u>\$750</u>

- All fees must be paid on time according to the above payment schedule in order for players to participate in Carolina Select. Late fees or non-payment may prevent the player from further participation in practices and tournaments.
- Fees pay for practice time, but not for guaranteed playing time in tournaments.
- If teams go to tournaments in addition to those listed above, there will be additional costs to players.
- A \$30 processing fee will be charged for a check that is returned or refused for payment for any reason.
- Players and parents are responsible for their own travel expenses.
- Fees are non-refundable. The fee structure for Carolina Select was very carefully determined in order to cover the above costs. These cost commitments are fixed and are not minimized if a player stops participating. Therefore, fees are non-refundable regardless of the length of participation in the club. Fees will not be refunded and/or prorated for players who cannot attend a tournament.
- There will be no refunds if a player is removed from the Club due to policy violations.
- If a player stops participating for whatever reason and has a credit in her account from any fundraisers, the money will rollover into either the team or club account.
- If any player decides to quit the club or is removed from the Club due to policy violations, she will be ineligible for participating in the Club the following season.

#### 5. Sportsmanship/Conduct

- Players/Parents are expected to be courteous and respectful to all coaches, teammates, competitors, referees, spectators, and parents. Players/Parents are expected to exhibit exemplary sportsmanship whether the team is winning or losing, playing well or not playing well. Inappropriate language or inappropriate conduct during practices, team activities, tournaments, or while representing Carolina Select will not be tolerated.
- Players are expected to cooperate with coaches and teammates and to work hard at practices and tournaments. In the spirit of teamwork, players should be ready to play positions as determined by the coaches. Players should be attentive and embrace directions and suggestions by coaches for improvement.
- Possession and/or use of drugs, alcohol, tobacco, or firearms at practices, team activities, or tournaments by players is strictly prohibited.

- Carolina Select encourages all parents to be active and positive members of the Club. Parents should be an example to their daughters by practicing good sportsmanship and responsible behaviors during all practices and tournaments. Parents are asked to: Let the Coaches Coach, Let the Players Play, and Let the Officials Officiate.
- Players and parents should refrain from criticizing coaches, officials, other parents, opposing players, or teammates.
- Players and parents are expected to adhere to the Carolina Region/USAV Participant/Spectator Behavior Policy. Players who violate this policy may be suspended from practice or tournaments or may be removed from the Club. Parents who violate this policy or display inappropriate behavior may be asked by Carolina Select to refrain from attending practices or tournaments.

## **6. Communication:**

- A vital form of communication for Carolina Select will be the Team Reps and email. It is very important that you provide an email address that is checked daily! Players and parents should regularly check their email for club information and updates concerning practices, team activities, and tournaments, etc. The Carolina Select and Carolina Region websites are also valuable tools for communication.
- Players are expected to communicate both on and off the court with teammates and coaches for mutual understanding and for the good of the team.
- Players and parents who have concerns about playing time, skill development, or team issues should follow the Grievance Process.

## **7. Grievance Process:**

- Carolina Select Volleyball Club encourages communication throughout its organization and recognizes the rights of its players, parents, and coaches to present grievances. In the event of any conflict, big or small, the key to successful resolution is communication. Most issues can be resolved through discussion.
- If a player or parent has a concern with a coach, the following process will be followed.
  - Step 1. The player should meet with her coach to discuss the concern. Coaches are willing to listen to a player's concern, but must be made aware of the issue. Players should discuss the matter privately with the coach. Unless the matter absolutely requires immediate attention, players should refrain from voicing their concerns during a tournament or during practice.
  - Step 2. If the concern is not resolved to the player's satisfaction, the player and her parents may make an appointment to privately speak with the coach. This discussion should not take place during a tournament or during practice.
  - Step 3. If a solution is still not reached, the player or parent can contact the Coaching Director to set up a meeting with the player, parents, and coach. If the Coaching Director is the coach of the team, a meeting will be made with the board.
  - Step 4. Finally, if the player or her parents feel there is still no resolution, they may schedule a meeting with the Board.

- If a coach has a concern or issue with a player, the following process will be followed.
  - Step 1. The coach will verbally express the concern/issue with the player. A review of Club Policies will be suggested.
  - Step 2. If the issue continues, the coach will discuss the situation again with the player. This is considered a final warning and the coach should inform the player that continued behavior could result in ejection from a practice or tournament. The coach will set up a meeting with the player, parents, and Coaching Director.
  - Step 3. If the player continues to violate Club Policies, the coach may eject the player from practices or tournaments.
  - Step 4. Finally, the coach and/or Coaching Director may schedule a meeting with the Board to discuss the player's removal from the Club.

We ask parents not to circumvent the grievance process. Allow your daughter the opportunity for personal growth by handling the situation as independently as possible. This also serves to strengthen her relationship with her coach.